

# 4-INGREDIENT BEEF & BROCCOLI NOODLES

Serves 4

Hands-on time: 10 minutes

Hands-off time: 5 minutes

## INGREDIENTS

200g raw lean beef strips

1 cup fresh broccoli florets, roughly chopped

2 packets Maggi Beef Flavoured 2 Minute Noodles

3 tbsp Maggi Chilli BBQ Sauce

## Serving suggestion:

Spring onion, chopped

Sesame seeds

*\*Microwave cooking times may vary due to wattage; use the timings below as a guide.*

## METHOD

1. Heat an oiled, non-stick pan over medium-low heat. Add the beef strips and broccoli to the pan and season using the Maggi Beef flavoured 2 Minute Noodles flavouring sachet. Sauté for about 2-3 minutes until the beef is caramelised. *\*Chef's Tip: The Maggi Beef flavoured seasoning packet is perfect for seasoning beef strips!*
2. Add the Maggi Chilli BBQ Sauce to the pan and sauté until the meat is golden brown and saucy, about 4-5 minutes *Tip: Cover the pan with a lid or plate for 2 minutes to help steam the broccoli.*
3. Add the Maggi Beef Flavoured 2 Minute Noodles and 2 cups of water to a large microwave-safe bowl and microwave for 1 minute and 30 seconds or until the noodles are al danté. *\*Chef's Tip: We used a 1000-wattage microwave.*
4. Set aside 3 tablespoons of noodle water and strain the rest. Toss the noodles and reserved water through the saucy beef strips and broccoli mixture until well coated.
5. Serve a portion of noodles in a bowl, garnish with chopped spring onion and sesame seeds and ENJOY!