

## **5 Ingredient Frozen Yoghurt Cups**

### **Ingredients:**

Makes: 12 cups

For the Granola Bites:

2 cups Nature's Source Crispy Crunch  
2 tbsp peanut butter  
2 tbsp honey  
2 cups full cream yoghurt, plain  
2 cups dark chocolate drops, melted

### **Recipe:**

For the Granola Bites:

1. Line a 12-cup muffin tin with cupcake liners.
2. In a large mixing bowl, combine the Nature's Source Crispy Crunch with the peanut butter and honey and mix well. Add more honey if needed to create a sticky consistency.
3. Press the granola mixture firmly into the base of the cupcake liners.
4. Freeze for 1 hour or until firm.
5. Spoon some yoghurt onto the granola layer and freeze for another hour or until firm.
6. Melt chocolate drops in a microwave-safe bowl in the microwave, stirring in 15 second increments until melted.
7. Distribute the chocolate evenly amongst all cups by spooning this onto the yoghurt layer.
8. Freeze for 1 – 3 hours or until firm and ENJOY!