

# 3-INGREDIENT MILK & CEREAL BARS

Makes 10

## INGREDIENTS

¼ cup honey + 2 tsp

4 cups Kellogg's™ Baby Shark Froot Loops Berry Fin-Tastic Flavoured Cereal

2½ cups double cream plain yoghurt

## METHOD

1. Line a 20cm square dish with baking paper, the edges hanging over the sides slightly.
2. Microwave a ¼ cup of honey for 30 seconds to ensure it is a runny consistency.  
*\*Chef's Tip: Don't overheat and burn the honey.*
3. Add the Kellogg's™ Baby Shark Froot Loops Berry Fin-Tastic Flavoured Cereal to a bag and lightly crush using a rolling pin. Ensure most of the Froot Loops remain whole.
4. Add half the Froot Loops (2 cups) to the honey. Stir carefully until the Froot Loops are evenly coated in the honey.
5. Spoon the honey-coated cereal into the prepared dish and press down carefully. Set aside. *\*Chef's Tip: Lay a piece of baking paper over the Froot Loops before pressing them down to prevent you getting sticky fingers.*
6. In a medium bowl, mix the yoghurt with 2 teaspoons of honey. Pour the yoghurt mixture over the cereal and spread in an even layer.
7. Sprinkle the remaining 2 cups of Froot Loops over the yoghurt layer and press carefully to form an even layer.
8. Place in the freezer, overnight for best result.
9. Transfer the cereal bar from the dish to a cutting board. Cut 10 even bars and serve immediately. *\*Chef's Tip: Run your knife under hot water for 30 seconds before slicing.*
10. Store the remaining bars in an airtight container in the freezer for up to 1 month.